

“Ability is worthless without dependability”

Unknown

# DIAMONDBACK

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## CONSULTING INC



A Service Disabled Veteran Owned Small Business

### The Secret to Success, Part 2

In Part 1 I talked about “discovering” the secret to success over 20 years ago. In Part 2 I’m talking about how to use this “secret”.

I apply the K.I.S.S. principle in my life—Keep it Simple Steve. So my formula is pretty simple to achieve my goals.

Each morning I take a blank sheet of paper and list my goal at the top of the piece of paper and then I write 10 ideas that I think will help me reach my goal. No matter how wild or outlandish the idea is I write it down.

Now some of the ideas are good and others are not but that is not the point of the exercise. More importantly, I am forcing myself to think about my goals every day. This helps me work on closing the distance between where I am today and what I want to achieve in the future. This technique forces my conscious and also my subconscious mind to think about my goal all day long. I literally become what I think about.

If you use this technique you are taking the action needed to achieve your goal, and you will become what you think about. It stands to reason that what you think about all day long not only will shape your mind but also will influence your actions.

Since thoughts influence actions, it makes sense that if you are thinking about a positive and worthwhile goal then your actions will work to obtain the goal. You will find that at strange times of the day and sometime in the middle of the night an idea will hit you like a ton of bricks. Remember, one good idea can change your life forever. Keep a pad of paper and pencil next to your bed. I do.

So, what did I do with my newfound secret to success when I “discovered” it over 20 years ago?

I decided to go to college at night and obtain a bachelor’s degree in

business management. Once this was completed, I set my sights on becoming a Marine Officer. After I was commissioned, I worked to become the best I could become as a Marine. I retired from the Marine Corps as a Major which is not bad since I started as a Private 22 years prior to that.

After I retired from the Corps I worked a few years for a medium sized defense contractor but become bored so I started my own consulting company. It is not big but it is mine and I’m not bored. And the only boss I have is the customer.

I am now 47 years old and everything I have thought in my life has developed me to this point, and in a year, five years and 10 years from now, I will be the sum total of my thoughts to that point in time.

I am not the brightest man on earth, and my high school class never thought I’d make much of myself. However, I did manage to “discover” the secret to success. The great secret to success is “You become what you think about.” That is all there is to it.

I hope you will achieve everything you want in life.

Remember...all you have to do is think about it.

Have a great week.

#### Point to Ponder Section

I read a book call “*The Total Money Makeover*” by **Dave Ramsey**. This book has change my families life for the better. I would highly recommend this book to anyone who has any debt and I do mean any debt. This book will get you to think about money in ways that will challenge convention wisdom. It has changed my life and I know it will do the same for you.

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